

# MISCHIEF MATTERS CLASS LIST

*Below is a complete list of all the classes and workshops currently taught by Mischief Matters, LLC. ALL classes are taught by Mistress Schari unless otherwise noted. All classes include a PowerPoint presentation. We do try to add 1-2 new classes each year; we also welcome any suggestions for courses you'd like to see.*

*Our bios are located at the end of this page. You can reach us at [M.Schari@mischiefmatters.com](mailto:M.Schari@mischiefmatters.com).*

## 1. THE ACCIDENTAL DOMME™

### *Mistress Schari's Signature Class*

*The Accidental Domme* is a one-hour intensive workshop for anyone who finds it difficult to dominate their partner. You know because you are nice! Dominating your partner is easier than you think and especially if this is new to you, you might be struggling with how to be assertive when you aren't. Mistress Schari is going to help you discover your inner bitch, it's so much easier than you think, so easy in fact, she only needs an hour to tell you about it!

This workshop is open to ALL genders, sexual orientations, and lifestyles.  
Mistress Schari's Signature lecture.

## 2. SHARING KINK SPACES with YOUR X, Y, AND Z... - NEW CLASS

*Sharing the spaces you love with those you don't, can shrink your community, but it does not have to!*

As large as the kink community may be, when you must share the immediate spaces with persons you are no longer involved with, it can suddenly feel very small. No matter who the "X" is—an ex, a former play partner, a former friend, a past couple or group, or even a colleague—sharing space with them is often a challenge. So, how do we navigate that? Why should we? Why would you want to? And finally, HOW? How can we do it together? Or, what if it's up to me alone? This is one of those instances where it doesn't matter what side of the slash you are on or what kinks and fetishes you have- we have all had to manage this situation at one time or another. As a former motivational speaker and life coach, Mistress Schari has specific training and over 20 years of experience helping people navigate their shared spaces, both corporate and social. Now that she is a dungeon owner, Mistress Schari is often asked to mediate relationships so that both parties can share her kink space. As a presenter at yearly events across the country, many have asked her advice on this very subject. While having a mediator is particularly useful and sometimes necessary, learning to advocate for yourself to maintain your autonomy in any space is far more beneficial. It is also far more attainable than you might think. Mistress Schari is confident that you will learn practical skills you can begin to use immediately.

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## 3. THE INSATIABLE ADVENTURES of CHASTITY and CUCKHOLD- NEW CLASS

***Chastity and Cuckholding have their pros and cons, yet both of these kinky adventures are, as they say, the gifts that keep giving.***

Both Chastity and Cuckholding are unique fetishes within BDSM, for some it is an excruciating punishment, and for others the ultimate reward. What makes them so unique is the vast number of variations that are available with both, as they are not limited by gender, nor by sexual orientation. They can be modified, created, and re-created again to accommodate anyone's fantasies and needs.

In this presentation Mistress Schari will explore the history behind both fetishes, what devices are available and how to correctly measure yourself for one of them. She will cover the psychological desire and humiliation associated with both fetishes. She will also discuss what benefits they can provide for your relationship, including different tips and techniques to create a successful experience as well as safety standards, and how to avoid common pitfalls and mistakes. Finally, she will share her perspective on both from the professional's perspective.

## 4. (NOT) MINDING the GAP- NEW CLASS

***Navigating Generational Differences: taught in conjunction with Catnip\_boi.***

Age differences between partners are common and in recent years the stigma itself has been somewhat relaxed, however in alternate lifestyles it does seem to be more prevalent. Why is that? We will discuss that here. We will define what generations exist and how to tell them apart and highlight the different generational styles within the BDSM community. Mistress Schari and catnip\_boi share their own firsthand experiences and how they make it work, what obstacles they have had to overcome, and all the benefits such an age gap provides. We also give tips and tricks on how to bridge the gap for a lasting and sustainable experience.

## 5. MENTAL BDSM is NOT B.S.

***"Keep playing those games forever, raising the spirit of peace and love..." - John Lennon***

Mental sadism exists because emotional authenticity is sexy! The largest sex organ is our brain, responsible for both the mental and physical sides of sex, BDSM, and other lifestyle relationships. This discussion will focus on how mind games can build emotional integrity and vulnerability to your relationships. Did you know that "using your powers for good" can add creativity, balance, build trust, increase intimacy, and be great fun? BDSM doesn't always have to be about pain, physical implements, restraints, and scene setting. Mental BDSM can include but is certainly not limited to edge play, chastity, anticipation, humiliation, degradation, tease & denial, and sensory deprivation. Mental sadism is also a wonderful way for participants with physical

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disabilities to employ their dominance and their submission. When using mind games, it is important that consent always be present. As S&M themes continually become more mainstream there is a distinct difference between playing mind games and manipulation, we will also touch on the harmful and destructive behaviors that should be avoided. Like many aspects of BDSM it is a journey filled with many highs and lows. Join me for this in-depth discussion on the "highs" of practicing mental sadism.

## 6. THE KINK in YOUR KITCHEN

*The Kink in Your Kitchen* is an 80-minute romp through every room in your home discovering all the dungeon equipment you already own! Mistress Schari has opened 3 dungeons of her own for professional use, she knows how to budget, repurpose, and re-imagine items you already own. Kink is expensive, this is not a secret, but many think to be taken seriously you need to own "real" dungeon equipment. This is not the case! Many things you already have in your possession can be converted into a "pervertable". A pervertable is any regular object that can then be used as a kinky implement, fetish furniture, outfit, restraint, punishment, funishment, the list goes on and on. So, take lots of notes as we turn your home into the Ultimate Den of Debauchery.

## 7. (EM)POWERFUL PEGGING

Pegging is one of the most requested acts of a Pro-Domme, but it's far from limited to just the pros. Pegging by definition, *is* "penetrative sex with a strap-on dildo, usually anal penetration. It is usually defined as a heterosexual practice in which a woman penetrates the anus of a man. This definition of pegging is very centered around cisgender and heterocentric identities. However, anyone can be penetrated anally regardless of their genitals or gender." (thank you Wikipedia).

*(EM)Powerful Pegging* as taught by Mistress Schari is a class that not only teaches pegging technique but the mental and emotional desires behind it for both participants. There is both pleasurable and therapeutic value to pegging for the peggee and even for the pegger. We will also cover several types of harnesses, strap-on dildos, buzzing peggings, hygiene, and other useful paraphernalia. Join us to learn for yourself or take notes for a future partner.

## 8. TRANSFORMATIONAL BEAUTY INTENSIVE

*Transformational Beauty Intensive is for ANYONE interested in celebrating Femininity. This workshop is for Crossdressers, Gender Benders, Cis/Trans Women, and their Partners, but anyone wishing to enhance their femininity are encouraged to attend.*

There is so much more to being a woman, than just looking like one. To embody a woman, one must radiate feminine behaviors, posture, nuances, and individual style. This comprehensive workshop will include the following:

- How to walk & properly wear high heels, including sitting and posture.
- How to find your individual style (clothes, wigs, colors).
- How to do your make-up for every day. Including helpful tips and how-to's. Some written materials on this subject will be given to each participant. This is for practical and sustainable make-up lessons, not stage make-up.

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- How to find and get fitted correctly for undergarments.
- How to use proper table manners and etiquette.
- Socializing and meeting peers with similar interests as you.

This workshop is taught by Mistress Schari, pro-Domme and owner of Mischief Matters. Mistress Schari is a former fashion executive and licensed make-up artist and waxer (waxing is available by appointment only).

## 9. SWITCHES & UNICORNS, THEY DO EXIST! - NEWEST CLASS

*Switches & Unicorns, They Do Exist!* Yes, they do! As a switch, known professionally as both Mistress Schari and Sub S, we will discuss this very real phenomenon. If you think you might be a switch, if you know you are, or if you both are, then this is excellent training for you. Find out what it means to play on both sides and how to manage others' disbelief that you can genuinely be both. Furthermore, we will examine what it means to find, be, and/or care for the elusive unicorn. By lifestyle definitions, a unicorn is a third partner who can seamlessly maneuver between the two primary partners without wanting more or inciting jealousy. A rarity in the lifestyle but a treasured gem, nonetheless.

## 10. FELLATIO FUNDAMENTALS WORKSHOP

Cost: \$135.00+tax per person (group pricing available)

**\*This workshop is also offered as a cock worship workshop a.k.a. COCK AND AWE for a more intense and lifestyle-oriented instruction. It can also be modified to include all genders and sexual orientations by request.**

The Fellatio Fundamentals Workshop developed by women is designed to empower you. Until very recently the only way for anyone to obtain knowledge about these things was through male-targeted pornography. With my workshop you will learn to impress your partner with new techniques in both manual and oral stimulation by receiving "hands-on" instruction using a life-like prop. The workshop is not about "servicing" someone, but rather how to build intimacy and confidence through a safe, shared, and sensual experience. And while you may be thinking, I am already good at this, or I've never had any complaints before, here's a chance to upgrade your skills and learn something new. You upgrade your phone don't you, so why not upgrade your oral sex skills? And at least when he asks where you learned it, you'll have a receipt as proof!

For the *Fellatio Fundamentals Workshop* Mistress Schari comes to your location and holds the workshop for you with a minimum of 6 participants.

## 11. RULES & HIGH PROTOCOL TRAINING

*Rules & High Protocol Service Training* as a High Protocol Domme, Mistress Schari (who was trained in the Old Guard ways) has designed a class that will teach you the techniques of a high protocol submissive. High Protocol Service is applauded for its elegance and effortless execution. A high-protocol submissive completes their tasks with elegance and pride, and by extension fills those they serve with pride as well. This class is good

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for any level and will cover the distinction between rules and protocols, common sub/slave positions, tasks, and presentation.

Open to all genders and lifestyles. This class also provides excellent training for unattached submissives who are looking for a dominant partner, because displaying these skills may attract what they are looking for. This workshop is also recommended for Dominants wishing to hone their skills to better train their own. Available as a classroom workshop, staff training, or private instruction.

## **12. MAKING of a MISTRESS** *The Business of Becoming a Domme-* Available online as a download for \$50.00,

I never claim to be the best Dominatrix or that I know everything about being one. I do however know what it's like to build my Domme business from the ground up with no money. Other women often ask me to mentor and teach them to become a Pro-Domme. That kind of collaboration takes a lot of time and energy that not everyone is willing to give. So, in response to "how do I get started?" I have developed a set of guidelines that are easy to follow and implement. *The Making of a Mistress* will teach you how to safely support and conduct yourself. This is your chance to hear how I did it, where I plan to take it, and how you can start your own too. Grab your notebook, it's time to take notes.

Available for download, please inquire within by emailing Mistress Schari at [m.schari@mischiefmatters.com](mailto:m.schari@mischiefmatters.com).

## **13. SENSUAL SADO-MASOCHISM WORKSHOP**

*One of us is Vanilla and the other is Kinky... HELP!?!?!?*

*Our Kinks are So Different... HELP!?!?!?*

*Kink Sounds Fun, but We Don't Know What to do... HELP!?!?!?*

**If this describes your dynamic, this is the workshop for you!**

My exclusive *Sensual Sado-Masochism Workshop* is an in-depth guided play workshop designed to help each partner fulfill their partners' needs. Through this workshop I will help each of you find your comfort level as you begin your journey to provide the satisfaction each partner craves.

Through this workshop you will understand the significance of touch coupled with light sensual bondage. You will learn how to use dialogue to tease. You will experience how both mental and physical sadism can increase desire and intensity.

My *Sensual Sado-Masochism Workshop* is unique in that you are guided through an actual play experience. Your comfort level is paramount, and all couples are welcome to interact at their own pace. For some, this may mean partial or full nudity and may result in uninhibited expression. I recommend this workshop especially for newer couples beginning their lifestyle journey. However, seasoned couples who enjoy exhibitionism or are just beginning to experiment with it will benefit greatly as well. It is also an excellent alternative to a weekend play party that may not fit your schedule or comfort level... just yet.

Open to all genders and lifestyles. This is a 3-hour interactive workshop designed for couples- ANY KIND OF COUPLING IS WELCOME.

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## 14. KINK CLASS for COUPLES

*So, you have read the book or seen the movie... now what? Mistress Schari will teach you how to keep 50 Shades in your bedroom and out of the ER!!*

My *Kink Class for Couples* is your perfect opportunity to do something as a couple to spice up your love life and have fun in the process. The couples' workshop is designed for those of you who wish to take it to the next level through safe, sane, and consensual play. Take it up a notch with the *Dirty Dinner Party* you can host at your home.

Taught by both trained professionals and experienced players within the BDSM community, this class covers basic BDSM etiquette, language, technique, and tools. You will have the opportunity to learn about BDSM play and practices through a tastefully demonstrated presentation and interactive experience comfortable for all levels and all genders.

My *Kink Class for Couples* can be offered as your own couples' party where we bring the presentation to you and your guests for a totally unique experience (a minimum of 8 people required for all off-site locations).

## 15. DON'T BE a D!\*K! Lifestyle Etiquette, Respect, and Decency taught by the incomparable Catnip\_boi

Catnip will go over a basic introduction to public play etiquette and the rules of social events. They will also include a "how-to" for arranging and participating in public play, watching scenes, and enjoying your time while respecting others and their boundaries. They will discuss the benefits of using a wristband system and how vetting for events works throughout the kink community. Catnip will also do a brief explanation of personal pronouns and how to navigate not knowing an individual's gender identity. If you are new to the kink scene or have been away from it for a while, or have never attended public events before, then we encourage you to attend this class. It's a great refresher for seasoned players as well.

## 16. QUEERING KINK SPACES- NEW CLASS Taught by Catnip-boi

This class explores how kink spaces can be transformed through a queer lens to become more inclusive and affirming. We'll examine the intersections of gender, sexuality, power, and identity and unpack how transition kink norms can unintentionally uphold heteronormative or cis-centric dynamics. Participants will gain tools to challenge exclusionary practices, celebrate diverse expressions of kink, and co-create spaces that are welcoming for LGBTQ+ people.

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## 17. INTRODUCTION to EMOTIONAL FIRST AID in KINK- NEW CLASS

*Taught by Catnip\_boi*

Kink can stir deep emotions such as ecstasy, vulnerability and sometimes trauma. This class offers tools for recognizing emotional distress, responding with care, and creating safer, more emotionally attuned play. Whether you're a top, bottom or switch or event staff, you'll learn how to ground yourself and others, navigate emotional intensity and practice aftercare that honors the whole person. Together, we'll build a culture of connection, not just consent.

## 18. UNDERSTANDING BOUNDARIES and CONSENT- The BASICS- NEW CLASS

*Taught by Catnip-boi*

This class is all about understanding what consent looks like and how to set clear, healthy boundaries, whether in kink or power exchange relationships or everyday life. We'll talk about how to check in with yourself, how to talk openly with partners, and how to recognize when something doesn't feel right. Through real-talk examples, interactive discussion, we'll explore how consent is an ongoing conversation, not just a one-time "yes". Whether you're new to kink or exploring your identity, this space is here to help you feel more confident in saying what you want and most importantly what you don't want. THIS CLASS ALSO COVERS THE DIFFERENCES BETWEEN CONSENT VIOLATION AND CONSENT REGRET! We will touch on the basics of identifying the differences between them and what to do in response. This class is affirming, inclusive, and kink positive with focus on building trust, safety, and mutual respect in all types of dynamics.

## 19. ROUND TABLE DISCUSSION TOPICS

*Below is a list of different topics of discussion that we've held and can be modified to suit your group's needs:*

- **Hashtag: BDSM:** Navigating kink in the age of #metoo, cancel culture & social reform.
- **Brunch & BDSM:** How to hide it in vanilla society.
- **Swinging:** the highs and lows.
- **In Pictures:** BDSM & the movies & pop culture.

## 20. Additional Classes in the works for 2026-2027

- **Aftercare**
- **Dating a Pro-Domme**
- **Dungeon Design Consultation**
- **Kinknicity!- Finding your authentic self through BDSM and how it can gain you access to personal healing and growth.**

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## 21. GROUP ACTIVITY- NAKED TWISTER!

Get ready to stretch, twist, and maybe flash a little skin in the most delightfully awkward way possible! Join Mistress Schari and Catnip as Mischief Matters presents Naked\* Twister, an outdoor (or indoor) adventure of laughter, limbs, and lighthearted kink. Brave and bendy players will play side by side navigating the traditional Twister mat under the sun and sky. Wear as much or as little as you like, the vibe is body-positive, touch positive, and judgement-free. Players should bring a towel, blanket, or clean surface to sit on, sunscreen, water, your sense of humor, team spirit, and whatever else you need to stay comfy outdoors. Want to watch but not play? Voyeurs and observers are welcome just be respectful and enthusiastic. Whether you're here to twist, tease, or tangle, this sun-soaked kink game promises sweaty giggles, surprising flexibility, and perhaps a few new connections.

\*Nudity is welcome but not required. Any participant wanting to play ***IS consenting*** to the possibility of spontaneous physical contact from other players. Please arrive on time to be fully informed of all the game rules before we begin.

***WE BRING:*** Several Twister boards, including textured ones for "BLINDFOLDED NAKED TWISTER", a microphone and speaker, and PRIZES!

## BIOS:

### Mistress Schari

Mistress Schari is in the lifestyle (both BDSM & Swing Communities) as an educator, lifestyle consultant, and participant for the last 20+ years. Mistress Schari hosts a monthly lifestyle radio show with her submissive catnip, "Mischief Matters Radio". She also opened the exclusive and seductive Mischief Manor. The manifestation of a lifelong dream to provide the kink community with monthly educational and social events. Mistress Schari has been trained to lead her workshops from several field experts. Her experience as a Professional Domme, sub, and sex-toy specialist combined with her training as an educator, life coach, and public speaker gives Mistress Schari unique lifestyle insights. These insights have enabled her to provide all genders and sexual orientations with a safe and comfortable environment to explore their fantasies.

Mistress Schari uses she/her pronouns.

**Mistress Schari is also the Co-Leader of the Skyland's Munch of Northern NJ, which meets the fourth Tuesday of every month in Randolph, NJ.**

***Mistress Schari is also ordained to be able to perform all ceremonies including Wedding, Collaring, and Memorial, send her a message at [m.schari@mischiefmatters.com](mailto:m.schari@mischiefmatters.com) for more details.***

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## Catnip\_boi

catnip is submissive and boi to Mistress Schari. They relocated back to New Jersey from Philadelphia to work with children, youth, and their families in the mental health field. catnip has been in the BDSM/Kink community for the last 5+ years after their therapist suggested it and true to catnip's personality, they became completely immersed in the community attending events and classes to gain knowledge and experience. They accompany and assist Mistress Schari in her various workshops, in-person and virtual appearances, and local munches. catnip manages most of their Mistress' social media and monitor online class participation. catnip is also the co-host of the monthly lifestyle radio show, "Mischief Matters Radio" with their Mistress. As a transmasculine non-binary queer, catnip strives to assist communities in becoming more inclusive and competent around LGBTQ+ topics. They also have run various workshops throughout the years at different vanilla events on the subject. catnip is a service-oriented switch who will professionally top for select candidates, please inquire within. catnip would like to thank their beautiful Mistress for helping them become the best boi they could be and supporting them in all their endeavors.

catnip uses they/them or he/him pronouns.